



swissôtel QUITO



PREMIUM MASSAGE

SWISS GETAWAY: 1 HOUR

Enjoy a complete relaxation experience in the Swiss Style Room, featuring a lymphatic drainage treatment and a warm Andean straw wrap, ideal for helping eliminate toxins while providing full physical and mental renewal

\$90,00

LOMI LOMI MASSAGE:

A Hawaiian massage with rhythmic and deep movements, performed with hands and forearms in a flowing, enveloping style. This therapy encourages energy flow and promotes physical, mental, and spiritual well-being.

\$125,00
1 HOUR

\$65,00
30 MINUTES

JET LAG MASSAGE: 1 HOUR

Restore harmony and balance to your body with deep massage techniques designed to relieve stiffness in the neck, shoulders, and back, complemented by foot reflexology.

\$100,00

THERAPY ON THE HOUSE FROM AMRITA:

A relaxing massage using effleurage and kneading techniques, with emphasis on the legs, back, and arms. It helps improve circulation and ease muscular tension and discomfort.

\$100,00
1 HOUR

\$55,00
30 MINUTES



BODY HARMONIZATION

PREGNANCIES, PRE AND POST NATAL: 1 HOUR

A therapy designed to support every stage of motherhood.

- The **prenatal** massage helps relieve back pain, fluid retention, and stress during pregnancy.
- The **postnatal** massage supports hormonal balance and helps the body recover physically after pregnancy and childbirth, promoting overall well-being.

\$90,00

HIDROFLEX: 1 HOUR - 30 MINUTES

A bathtub experience with flower petals that activates the body's vital energy through acupressure in warm water. It releases tension, relaxes body and mind, and is complemented by an Amrita massage.

\$135,00

MUSCLE-RELAXING: 1 HOUR

A relaxing massage combined with 10 final minutes of cold and hot pressurized water jets, designed to stimulate circulation and revitalize the body's muscles.

\$100,00

BODY LYMPHATIC DRAINAGE: 1 HOUR

A massage technique using slow and gentle movements to stimulate the lymphatic system, helping eliminate retained fluids and toxins from the body.

\$96,00

FACIAL LYMPHATIC DRAINAGE: 30 MINUTES

A massage technique using slow and gentle movements to stimulate the lymphatic system, helping eliminate retained fluids and toxins from the body.

\$50,00

SPORTING: 1 HOUR

Ideal for athletes. An energizing and deep body massage combined with stretching and vibromassage, focused on the back, legs, and arms. Recommended before or after exercise.

\$125,00



NATURAL VITALITY



IDYLL: 1 HOUR - 30 MINUTES

An antioxidant therapy that relaxes, revitalizes, and hydrates the skin through an exquisite exfoliation and body wrap with seaweed, coffee, or coconut, complemented by a relaxing massage.

\$135,00

SUBLIME: 3 HOURS

A complete wellness journey including dry brushing and body exfoliation, hydromassage relaxation with a scalp massage, mud wrap, Hawaiian massage for energetic balance, and an express facial to nourish the skin.

\$225,00



DAY OF LUXURY: 4 HOURS

An exclusive wellness ritual featuring rose petal hydrotherapy, a chocolate or coconut body wrap, bamboo massage, hydrating paraffin for hands and feet, facial drainage, and a fresh-cell mask.

\$300,00

DAY OF BEAUTY: 4 HOURS

A complete treatment including dry brushing and body exfoliation, lymphatic drainage, a detoxifying warm wrap on a straw bed in the exclusive SUIZA room, a relaxing massage with acupressure on the soles of the feet, and a decongesting mask.

\$300,00

TOTAL WELL-BEING: 3 HOURS

A restorative ritual with a mineral salt scrub to remove dead skin cells, a hydrating chocolate wrap, Amrita relaxation massage, scalp massage with warm olive oil, and a facial mask tailored to your skin type.

\$225,00



COUPLES THERAPY

COUPLES THERAPY: 2 HOURS

A special experience created for couples in our exclusive VIP room. It includes a delicious chocolate wrap, rich in cocoa antioxidants, which hydrates the skin and enhances emotional well-being, followed by the Casa Amrita massage for deep relaxation.

\$300,00
PER COUPLE

\$150,00
PER PERSON



SCRUBS AND WRAPS

COFFEE SCRUB: 25 MINUTES

Body brushing promotes circulation, while coffee exfoliation helps rejuvenate the skin thanks to its anti-inflammatory properties, leaving it hydrated and radiant.

\$40,00

BODY WRAP: 40 MINUTES

A treatment designed to renew and hydrate the skin. Exfoliation helps revitalize it, while minerals nourish and restore comfort during your relaxation experience. Available in coconut, seaweed, or dark chocolate.

\$75,00



RELAXING THERAPIES

JUNIOR ANTI-STRESS MASSAGE: 30 MINUTES

Cervical, thoracolumbar, and sacral spine special. Helps release tension, improve circulation, and increase tissue elasticity

\$55,00

SWEDE: 1 HOUR

A massage using deep techniques, ideal for relieving tension, soothing, and toning tired muscles.

\$125,00

HOT STONE: 1 HOUR

A balancing massage that combines the warmth of hot stones with a deep sense of well-being, filling the body with energy and harmony.

\$90,00

HEALTHY INDULGENCE: 1 HOUR - 30 MINUTES

A relaxing experience that combines a body massage for the tired traveler with a facial that delivers hydration and freshness to the skin.

\$145,00



VITALIZING THERAPIES

BAMBOO STICKS MASSAGE: 1 HOUR

A bamboo cane therapy that helps stimulate blood and lymphatic circulation while providing a pleasant sense of well-being.

\$90,00

NUKA BIJIN: 1 HOUR - 40 MINUTES

A complete treatment that includes body and facial exfoliation, followed by a relaxing massage and a hydrating facial mask.

\$165,00

PRICES INCLUDE TAXES



BEAUTY - FACIALS

RENEWAL: 50 MINUTES

- A **multivitamin** treatment combined with fruit enzymes, leaving the skin brighter and more radiant, followed by a light facial drainage massage.
- A **regenerative** and firming treatment that leaves the face looking smoother and more toned, complemented by a gentle lifting massage.

\$75,00

DEEP CLEANSING FACIAL: 1 HOUR - 15 MINUTES

A targeted facial care treatment that includes:

- Makeup removal, exfoliation, steaming, and pore opening.
- Extraction of impurities, AF application to close pores, and mask application.
- Toning, facial massage, eye contour care, finishing cream, and sunscreen.

\$109,00

NEW AINHOA - VEGAN LINE: 1 HOUR

Awaken your skin's natural beauty with a unique combination of masks.

- Alginate antioxidant mask: provides intense radiance and helps prevent premature skin aging.
- Vegan collagen: a firming treatment that helps combat the loss of firmness and facial volume, leaving the skin smooth and hydrated.
- Anti-aging with bakuchiol: a retinol alternative that helps fight signs of aging while respecting sensitive skin.

\$99,00

