



AMRITA  
SPA & WELLNESS



# PREMIUM MASSAGE

## SWISS GETAWAY: : 1 HOUR

Experience spiritual, physical and mental relaxation in the Swiss Style Room, with a lymphatic drainage (very light massage) followed by a hot Andes straw wrap to eliminate toxins, resulting in a complete renewal.

\$88,00

## LOMI LOMI MASSAGE:

A special massage with rhythmic and deep movements that uses hands and forearms at the same time. It helps to restore the energetic circulation, improving the mental, physical and spiritual state of you.

\$99,00  
1 HOUR

\$51,00  
30 MINUTES

## JET LAG MASSAGE: 1 HOUR

Massage that provides balance and loosens the neck, shoulder and back muscles, while detoxifying and improving the lymph flow and reflexology of the feet.

\$100,00

## THERAPY ON THE HOUSE FROM AMRITA:

Relaxing and therapeutic massage that improves the blood circulation, it relieves pain and optimizes sensory awareness.

\$99,00  
1 HOUR

\$55,00  
30 MINUTES



# CORPORAL HARMONIZATION

## **PREGNANCIES, PRE AND POST NATAL: 1 HOUR**

A body massage with essential vanilla and rose oils. We apply soft and delicate techniques, to reduce aches and muscular tensions, improving the general well-being.

**\$75,00**

## **HIDROFLEX: 1 HOUR - 30 MINUTES**

Bath in mineral salts and petals, allow us to activate the vital energy of your body through acupressure, to release pain and let your body and mind rest. We end the therapy with the Amrita massage.

**\$109,00**

## **MUSCLE-RELAXING:**

A combination of a relaxing massage, applying pressurized sprinkles of cold and hot water to the body. It is to activate the blood circulation and relaxing the musculature.

**\$99,00**  
1 HOUR

**\$55,00**  
30 MINUTES

## **LYMPHATIC DRAINAGE: 1 HOUR**

Soft massage technique, purifies toxins and eliminates retained fluids in the body with rosemary or orange essential oil.

**\$86,00**

## **SPORTING:**

For athletes, the deep and energizing body massage, focused on legs and arms which is ideal for pre and post workouts.

**\$125,00**  
1 HOUR

**\$65,00**  
30 MINUTES



# VITALITY NATURE

## **IDYLL: 1 HOUR - 30 MINUTES**

Detoxifying and antioxidant therapy. Relax, revitalize and moisturize your skin, with our fabulous wraps of chocolate, coconut, grape, coffee or mud; complemented with a relaxing massage and an unbeatable reflexology for the feet.

**\$119,00**

## **SUBLIME: 3 HOURS**

Bath relaxation with minerals salts, accompanied by a head massage, brushing and deep exfoliation, plus a distressing back massage and a relaxing facial to nourish the skin.

**\$196,00**

## **DAY OF LUXURY: 4 HOURS**

Mineral Salts and rose petals' hydrotherapy, chocolate/coconut body wrap, massage and paraffin wax treatments for hands and feet, and an aromatic and harmonious facial.

**\$250,00**

## **DAY OF BEAUTY: 4 HOURS**

Corporal brush and exfoliation, pressurized water sprinkles on energetic points of your body, chocolate or mud hot detoxifying wrap in a straw bed in the Swiss room, relaxing massage, fresh cells mask, reflexology.

**\$250,00**

## **TOTAL WELL-BEING: 3 HOURS**

Enjoy a mineral salt scrub to remove dead cells, a detoxifying marine mud wrap, a scalp massage with hot natural oil, an acupressure facial therapy and an unforgettable and relaxing Amrita massage.

**\$220,00**



## COUPLES THERAPY

### COUPLES THERAPY: 2 HOURS

Perfect to enjoy in couple in our exclusive VIP area, with a delicious chocolate wrap and a Amrita massage.

**\$250,00**  
PER COUPLE

**\$125,00**  
PER PERSON



## WRAPS

### WRAP 1: 40 MINUTES

After exfoliating, allow the rejuvenating antioxidant and detoxifying minerals to relax, revitalize and moisturize your skin. Chocolate and coconut flavors are available.

**\$50,00**

### WRAP 2: 40 MINUTES

After exfoliating, allow the rejuvenating antioxidant and detoxifying minerals to relax, revitalize and moisturize your skin. We offer a fabulous marine mud.

**\$75,00**

### WRAP 3: 1 HOUR - 20 MINUTES

Full body brushing, exfoliation, and mud, grape or chocolate massage; followed by a healing and draining treatment.

**\$90,00**



# RELAXATION THERAPY

## JUNIOR ANTI-STRESS MASSAGE:

30 MINUTES

This 30 minutes massage revives the well being of the neck and back.

\$50,00

## SWEDE:

Deep body massage to stretch, alleviate and tone tired muscles.

\$125,00  
1 HOUR

\$65,00  
30 MINUTES

## HOT STONE: 1 HOUR

Total relaxation massage. Fill your body with the energy of the hot stones from our volcanoes and feel a deep sense of well-being.

\$90,00

## HEALTHY INDULGENCE: 1 HOUR - 30 MINUTES

Eliminate the stress of traveling with this deep relaxation massage that includes an aromatic facial treatment.

\$145,00



## THERAPIES REVITALITY

### **BAMBOO STICKS MASSAGE: 1 HOUR**

Relaxing body massage using bamboo sticks on the whole body.

**\$80,00**

### **NUKA BIJIN: 1 HOUR - 40 MINUTES**

Complete body treatment including facial and body exfoliation, followed by a healing massage and a facial hydration mask.

**\$155,00**



## BEAUTY FACIALS

### **FRESH CELLS: 50 MINUTES**

A multivitamin exfoliating treatment combined with fruit enzymes, gives brightness and smoothness to the skin.

**\$64,00**

### **MASK HYDROPLASTIC: 1 HOUR**

This regenerative treatment will make your skin firmer. Marvel yourself with the refreshing and revitalizing results.

**\$70,00**

### **DEEP CLEAN:**

### **1 HOUR - 15 MINUTES**

Specific face care to eliminate impurities and toxins, ending with a relaxing massage.

**\$89,00**

